



Family and Cadet Guidelines

Family and Cadets is run by Sussex Yacht Club for the benefit of its members as a club activity and gives the opportunity for young and old to sail in club craft. The following guidelines are in place to enable the event to run and also meet the requirements of the Dangerous Sport Act and Shoreham Port requirements. A full risk assessment for water activities has been completed and is held by the Training Principal and logged with Shoreham Port. These guidelines are for **parents / legal guardians who are responsible for their children at all times.**

Times: The sessions will run between 18:00 and 20:30

Location: Southwick Club House

Cadet Sailing -

- All non-members must be accompanied by a *Legal Guardian* who must remain at Southwick during the activity.
- All Cadet Members must be accompanied by a parent or legal carer who **remains on site at Southwick**. If as a parent you are willing for another adult to be responsible for your child you must advise the club in writing before sailing. Non-members must have a legal carer on site.
- The minimum age for sailing is 8 years old.
- All Youth and Juniors that sail must be a paid-up member by the third visit in any 15 month period.
- All Cadets must be signed in and register before sailing.
- Suitable buoyancy aids and footwear must be worn while afloat and on the pontoon at all times. The safety boat skippers can refuse to take youngsters or adults afloat if the equipment worn is unsuitable or the incorrect size. It is required that Cadets have their own buoyancy aids after their third visit, these will be available to order in the clubhouse.
- Suitable clothing must be worn while afloat and it is recommended that heavy clothing (ie jeans) not be worn. It is recommended that Cadets wear wetsuits and appropriate shoes. The safety boat skippers can refuse to take youngsters or adults afloat if the clothing worn is unsuitable.

From time to time additional events will be run to encourage sailing development at SYC, these will follow the same guidelines and will require completion of an application form.

Contact Info: Training Principal, Kevin Headon, kevin@sycctraining.co.uk